



ESCAPE

Family Support

Annual Report 2023/24



**Investors
in People**

Health &
Wellbeing
Award



**INVESTORS
IN PEOPLE**

Platinum



SMALL CHARITY OF THE YEAR

WINNER

ESCAPE
Family Support Ltd



Artwork from a young person accessing ESCAPE Adverse Childhood Experiences (ACES) Programme



Artwork by a beneficiary for Carers week 2020

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ESCAPE in brief

Our vision

ESCAPE's focus for the future is on ensuring we continue to be a sustainable organisation capable of ensuring our unique service offer is available to those people who need it, when they need it.

Our values

We strive to be the best we can be

We are respectful

We care

We innovate and learn

We work together

What we stand for

Empowering families, carers, adults, young people and children and the communities of Northumberland to improve their mental and physical health and well-being to reduce the impact of addictions, social and lifestyle pressures, and risky behaviours.

What we do

ESCAPE is the only specialist provision for families, carers, adults, young people, and children of substance users throughout Northumberland. Founded in 1995 in Blyth by Janet Murphy MBE after her daughter died from drug poisoning. With nowhere to go for support ESCAPE was set up by carers for carers.

Why we do it

The lives of families we support are ravaged by drug or alcohol misuse. Parents, grandparents, partners, siblings, children and kinship carers suffer multiple factors of disadvantage and deprivation, particularly health, social and economic inequality as well as damaged relationships/chaotic lifestyles, characterised by social determinants of inequalities including children taken into care, domestic violence, family breakdown, truancy, poor educational attainment, crime, antisocial behaviour, unemployment, trauma, mental health issues etc. Families suffer from negative attitudes, stigmatisation and prejudice within society that impacts on their daily lives, on community cohesion resulting in social isolation and financial hardship.

Who we are

A team of committed trustees, staff, volunteers, family champions and supporters who believe everyone can make a difference.

Message from the Chair

It is with great pleasure that we present ESCAPE Family Support's Annual Report and Accounts 2023/2024.



Yet again, the demand on our services has increased and the charity has risen to the challenge. This Annual Report describes in detail the range of services we have offered, the numbers of people accessing services and the amazing results that have been achieved. I think you will be impressed when you read what we have done to help the people of Northumberland in 2023/2024.

Feedback from our commissioners and funders gives testament to the quality of the services we have provided and the fantastic results we have achieved. This is only made possible with the continued support we receive from all of them, many of whom we have had relationships with over many years and some more recently. We are grateful for the confidence you have shown in us and **on behalf of ESCAPE I say 'Thank You'.**

Our beneficiaries tell us time and time again how invaluable the support from ESCAPE has been to them, their families and friends. You will read about this in the pages which follow. We listen to what help our beneficiaries tell us they need and we strive to provide services tailored to meet their needs.

Many beneficiaries go on to volunteer and provide support in many ways, for example befriending, becoming Family Champions, helping with events for carers and families, admin support, tending our garden and general maintenance of the building. ESCAPE could not function without its volunteers. **'Thank You' for all you do.**

Our staff are at the heart of ESCAPE. They keep the show on the road, so to speak, and work tirelessly to deliver and continually improve the services that ESCAPE is famous for. Following consultation, there was a restructuring exercise in 2023/2024. Some new staff were appointed and many existing staff changed or adapted their roles enabling them to use their skills and experience to progress within the organisation. **'Well Done and Thank You' to the staff'.**

The charity has faced many challenges and changes during some turbulent times since it was established almost 30 years ago. It has been adept at coping with uncertainty and has regularly refreshed its strategic plans to ensure it stays relevant and responsive. There is no doubt that we can expect challenge and change to continue but be assured, ESCAPE will continue to focus on delivering its Vision which was created following much consultation within the organisation and with our stakeholders:

Ensuring we continue to be a sustainable organisation capable of ensuring our unique service offer is available to those people who need it, when they need it.

Jackie

Jackie L M Axelby

Strategy and performance

In 2023 - 24 our focus was on ensuring the organisation achieved financial security and organisational sustainability, this continues to remain our focus going forward. Mission critical for the charity is planning for the retirement of the voluntary CEO both in terms of securing funding for the CEO post and identifying a successor. This would ensure future sustainability and continuity of specialist services for families and young people impacted by a loved ones addiction in Northumberland.

The senior team worked to ensure we made our case to charitable funders and commissioners and while we look forward to expanded service provision through new contracts and tenders, we are mindful that going forward into 2024 - 27 we must continue to work with commissioners to ensure the value of our work is recognised and funded where appropriate.

Our trauma informed interventions are aligned with Adfam's 'We Count Too: Good Practice Guide and Quality Standards'. We deliver: 24/7 telephone helpline; crisis support; educational information; 1-1 support; counselling; support groups; Health & Wellbeing Workshops to address anxiety, anger, self-esteem, sleep hygiene etc.; respite breaks in our caravan; personal learning opportunities; diversionary activities (arts, crafts); support for grandparents/kinship carers, partners, people with a family member going through the court system or in prison; those bereaved through substance use; and programmes for young people, children and siblings. We deliver both adult and children ACE's and CRAFT (detailed later).

ESCAPE's confidential support services are low threshold, person centred, tailored to needs of individuals. Through comprehensive assessment and personalised care planning we help beneficiaries identify their priorities, achieve their goals, and improve their lives.



Family Fun Day Blyth
Aug 2023

Beneficiaries last year

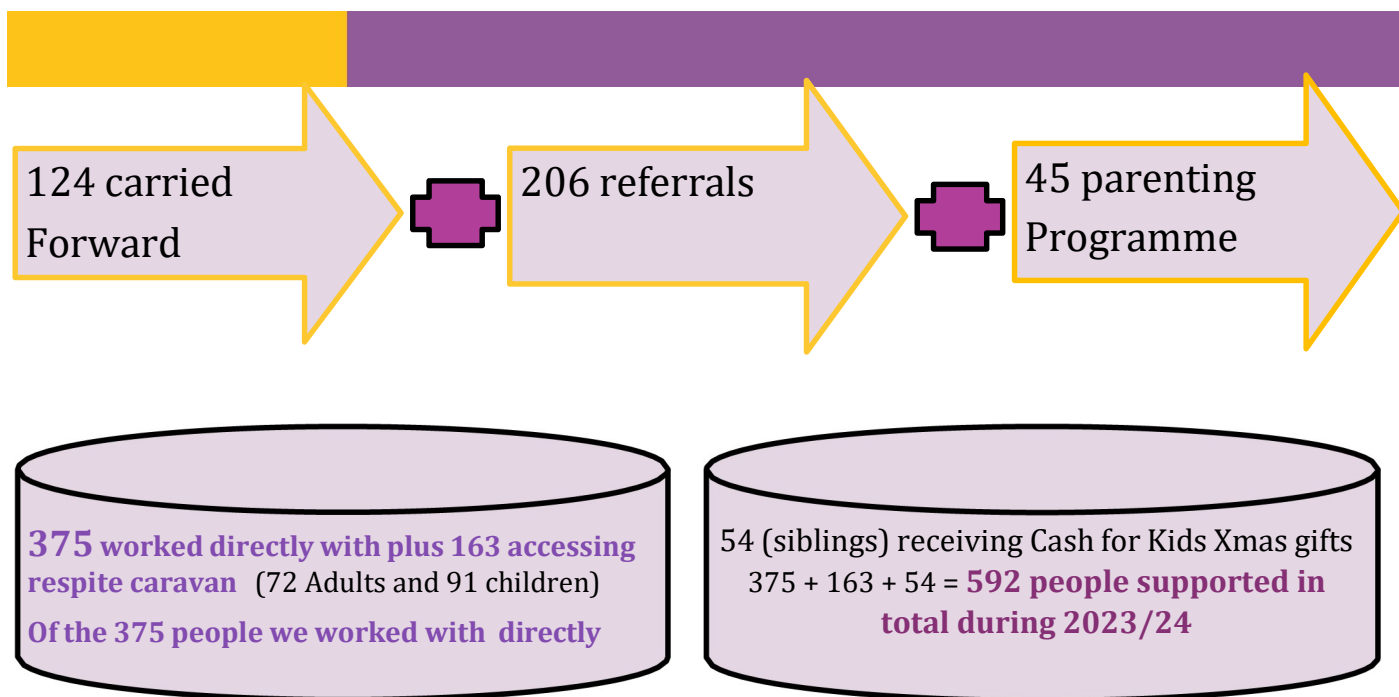
"ESCAPE is a much needed organisation and the only one supporting families living with the chaos of addiction in their families that I know in the area"

Well known for its coast, castles and hills, Northumberland has a population of 323,820 spread over 5013KM², 96.7% of this identified as rural, with 49% of the population living rural areas and 51% residing in the 3% of urban land, mainly in the South East of the county.

38,178 people in Northumberland live in areas within the 10% most deprived decile of the Index Multiple Deprivation (IMD) 2019, an increase of 59.9% on 2015 when 23,877

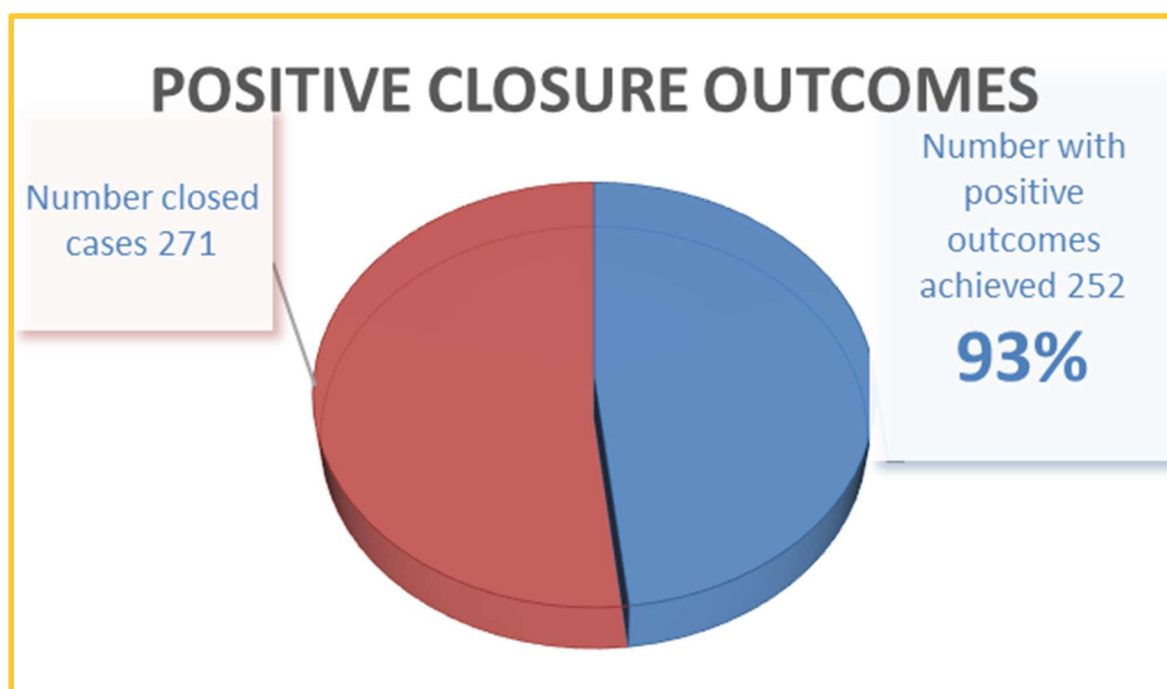
people lived in the most deprived 10% of Lower Super Output Areas.

We began the year with 124 cases carried forward from 31/03/2023 and received 225 new referrals across the year ending on 31/03/2024. (51 YP and 174 Adults). We had 19 inappropriate referrals, who we either signposted to services in their own geographic area or on to the treatment service provider or other partners countywide.



271 cases have been closed as follows:

- 207 Support Completed and mutually agreed exits
- 45 Parenting Programmes completed and successfully exited
- 7 Dropped out of service
- 5 Declined Support
- 4 Moved Away



Interventions and impact



We provide improved rapid response to carers in times of crisis via the Helpline

The 24/7 Helpline is used by many clients as a means to self-refer into ESCAPE and is their sole source of advice, information and support out of hours. The calls we receive out of hours are often in relation to serious issues such as: overdose and harm reduction advice, self-harm, suicidal ideation, mental health crisis, family crisis, domestic violence, Hidden Harm, child protection concerns, bereavement, etc.

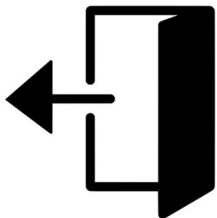
This year we averaged 28.58 calls per month to the helpline, receiving a total of 343 calls across the year. This exceeded our target of 24 calls per month, we do not include in these figures the calls made by professionals for referral/advice.



We provide access to specialist befriending provision for carers

ESCAPE volunteers our “experts by experience” often become Family Champions and have opportunities to become directly involved in delivery, providing support through developing powerful mutual relationship through befriending. General volunteers are involved in supporting other areas of the charity’s operations, general maintenance, administration, gardening, fundraising, planning events etc.

- à **31 carers accessed the befriending service**
- à **19 of them accessing on a short term to mid-term basis**
- à **15 accessing 3 month or longer.**



We provide access to specialist support services for carers

Community Reinforcement and Family Training (CRAFT), is a behaviour modification programme for carers to help their resistant loved ones get into treatment. **Throughout the year we delivered 7 group CRAFT programmes to a total of 63 individuals, this was in addition to delivery of 1-1 to all other adult carers in service, who preferred non-group delivery.**

Supporting Parents and Children Emotionally (SPACE) is a relationship-based delivery model which actively advocates and promotes working in partnership alongside parents. Supporting parents and carers to recognise the impact of adult behaviours on children, and how they can develop the protective behaviours to support both themselves and their children.

We delivered 3 programmes with 23 individuals successfully completing.

“All courses and especially CRAFT helped me to understand my son and his actions. I volunteer now because I wanted to give back to the project “

Delivery of Teen Triple P Parenting Programme is a toolbox of ideas designed to enhance parenting skills. Rather than prescribing a one-size-fits-all approach, it empowers parents to choose strategies that suit their unique family dynamics.

We delivered 3 programmes with 22 individuals successfully completing.



We provide access to support that reduces isolation and improvement in social integration for carers

We provide a number of respite activities and opportunities for beneficiaries to learn and support each other online and face to face. These include carer coffee mornings, art group, yoga sessions, CRAFT maintenance and bereavement groups and family events throughout the year. Our caravan offers family respite breaks.



We provide access to training, and respite activities to improve health and wellbeing of carers

Wellbeing Workshops were delivered at Briardale House including Anger Awareness, Stress Awareness, Sleep Hygiene, Anxiety and Stress Awareness, Self Esteem and Assertiveness.

Based on 375 beneficiaries

252 (67%) reported improved health and wellbeing.

247 (66%) attended group work with improved skills and confidence

272 (73%) showing improved social isolation.

240 carers (64%) accessed respite activities last year.



Family fun activities throughout the year Easter, Summer, Halloween and Christmas.

Online support, training and maintenance groups. Monthly: bereavement & kinship carer groups. CRAFT maintenance groups.



A qualified volunteer ran our weekly yoga sessions

Our 8 berth caravan based at Berwick offered low cost family breaks with leisure and park facilities included.



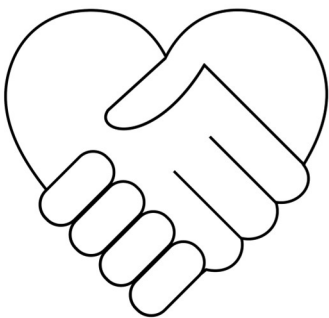
Family & young people interventions



The project offers positive family intervention work, and tailored support packages to families and children. Including but not limited to: Children & Adult Adverse Childhood Experience (ACE), Parenting Programmes including, Supporting Parents and Children Emotionally (SPACE) and Community Reinforcement and Family Training (CRAFT), a behaviour modification programme for carers to help their resistant loved ones get into treatment. Care plans support individuals towards their personal goals, aspirations. With support to improve relationships with family and friends and navigate relationships with other agencies (e.g. school, health visitors and social workers). Practical and individual support to families with a loved one in/wanting to or overcome addiction. Practical help with any other problems a parent/family is facing to keep them and their children safe. Our trained and mentored Family Champion volunteers, “our experts through experience” help us support families wanting to make positive change.

Children experience Hidden Harm within family settings when impacted by chaotic behaviours. We work with YP by raising awareness of risks and increasing protective factors through training & therapeutic programmes to address Adverse Childhood Experiences (ACEs). Our work is trauma informed and our YP ACEs, is a pioneering therapeutic intervention support programme designed for, and targeting, children and young people in Northumberland whose lives are blighted by the drug or alcohol dependency of others within the family setting. Most of these children and young people have multiple vulnerabilities (low self-esteem, mental health issues).

Aims of our interventions

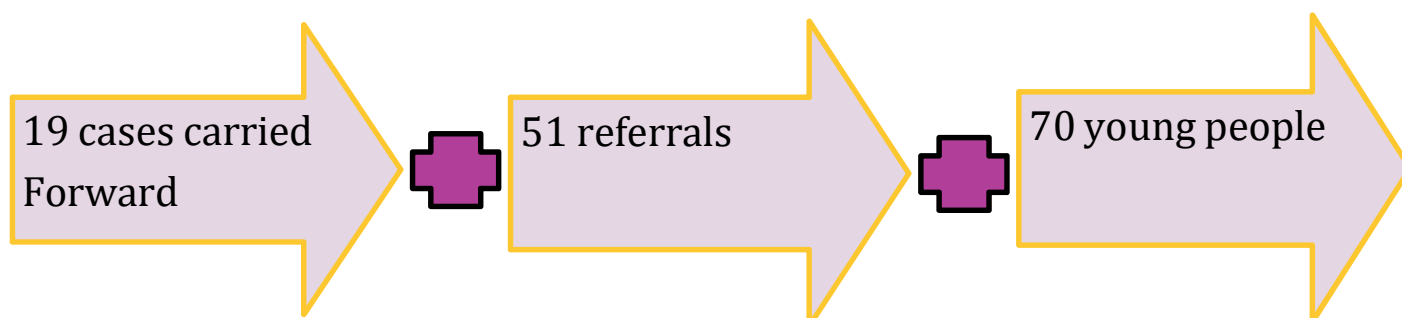


Family members have introduced sustainable behaviours and are better placed to find their own solutions to problems and increase the likelihood of a loved one entering the treatment system. They feel positive about their role as parents and their family's future. The project has reduced the social isolation and stigma that families and relatives of addicts face daily and throughout their lifetimes by breaking down the barriers (i.e., feelings of embarrassment and shame) that prevent people asking for and accessing support. Children and young people are able to maintain the improvements in their mental health and wellbeing, and continue to utilise the learned coping strategies. In doing so release their potential by developing, resilience, confidence, self-esteem, and Independence.



The Young Person ACE's project began the year with 19 cases carried forward from 31/03/2023 and received 51 new referrals to 31/03/2024.

Young People ACE's programme performance



Referral source	Number
Children Services	27
Early Help HUB	10
Schools	12
Family member	8
ESCAPE team/helpline/internet	7
Commissioned D& A (NRP)	1
Internet	1
Carers Northumberland	1
NCC Health & Wellbeing Officer	1
Places For People	1
Silx Teen Bar	1
Total 23/24	70

Of the 51 referrals, 7 were unfortunately inappropriate referrals (5 x Children's Services 2 x Schools). A further 4 YP did not access the project, 3 due to out of area moves and 1 unplanned exit. We referred 2 YP on.

From the 53 individuals we offered service to last year 30 young people cases were closed during the reporting period, with support completed. We carried a case load forward of 23 young people.

30 YP showing improved social isolation

30 YP with improved mental health

30 YP improved confidence/coping strategies

The ACE's Recovery Toolkit is used with the Young People accessing service provision, it is a proven intervention



programme which we use to help children and young people come to terms with their experiences, develop a positive lifestyle and coping strategies.

The programme includes topics including, How abuse affects our thinking, Self-esteem – what is it? Who's my family?

Talking positive, Ways to handle difficult feelings and Healthy relationships and trust.

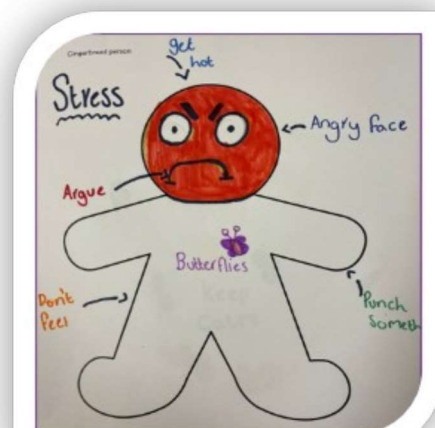


Figure 1 ACES (pre intervention)– Girl, 11 yrs.

Figure 2 ACES (post intervention) – Girl, 11 yrs.

Volunteering training project



We provide access to training that supports delivery of ESCAPE services. As beneficiaries move through their journey, they are given opportunities to formally gain the skills and competencies that will equip them to work as facilitators, peer mentors, befrienders, and to equip them with skills to progress towards employability and or further learning.

ESCAPE is an AIM registered centre providing personal learning, accredited training and volunteering opportunities including:

- | | |
|---|---------|
| • Befriending | Level 1 |
| • Peer Mentoring | Level 2 |
| • Support Skills Training | Level 2 |
| • Supporting Families Affected by Addiction | Level 2 |
| • Family Dynamics | Level 3 |

Volunteers add an immense amount of value and contribute greatly to supporting staff and beneficiaries at ESCAPE. We have volunteers who provide support through befriending, counselling, fundraising, family fun days, administration, cleaning and general maintenance.

We delivered accredited courses and trained 9 new volunteers / peer mentors last year. They completed 19 accredited qualifications between them as most did multiple courses.

- 1 person is now employed at Full Circle Recovery.
- 8 are now volunteering within ESCAPE, NRP - the treatment system and other organisations.

It is worth noting that 33% of the volunteers/course participants were from ethnic minority groups. The trainer provided support with English to develop understanding of course materials. We opened up our peer mentoring programme to people from other organisation to ensure that all courses were filled. This led to people who have been addicted to substances who are at a good place in their recovery journey gaining Level 2 and Level 3 qualifications. The carers and service users who participated learnt a lot from each other on these courses gaining an understanding of how addiction and their behaviours and coping strategies affect their own family members.

Last year 22 volunteers provided 5,568 hours of support, equal to 2.9 Full time staff members!!

Aims of our family champions

In addition to empowering and equipping volunteers and family champions, with new skills, improved confidence, improved mental health etc. this approach enables ESCAPE to:

- To provide a connected' network of peer support across the county
- reach out into our communities across the county and significantly increase the number of families and young people supported
- support delivery low threshold interventions and support the paid staff team

How people accessed our services

Referral source	Total
Children Services/social workers	36
Family hub – parenting referrals	45
Early Help Hub	13
Family member	36
ESCAPE team/helpline/internet	63
Commissioned D&A (NRP)	34
Returning beneficiaries	22
Friend/word of mouth	16
General Hospital	13
NSEC/A&E	1
Internet/leaflet	12
Schools	17
SORTED	11
Carers Northumberland	9
Mental Health Team	7
Adult Services	4
Crisis Team	6
NCC Health & Wellbeing Officer	2
Probation	2
Greenacres	2
Recovery College	2
Northumberland Domestic Abuse Service	1
Places For People	1
Silx Teen Bar	1
PROPS	9
Total 23/24	375

Young Person (YP) Tom (not real name).

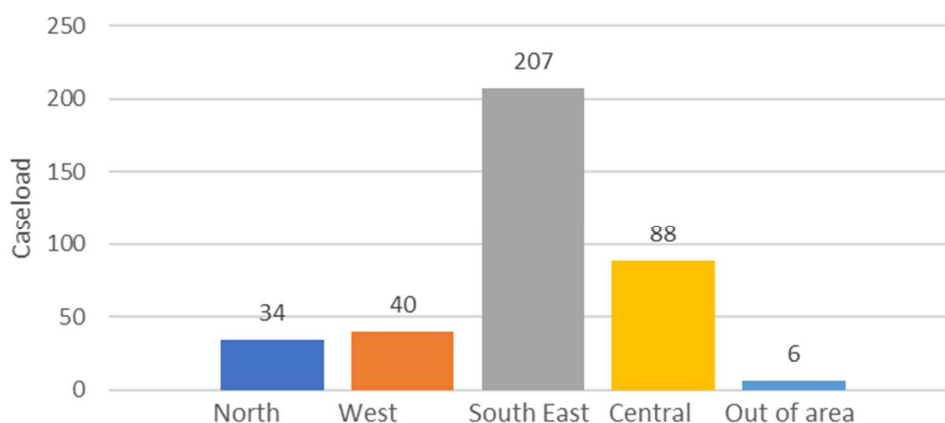
Tom was 12 years old when referred into service by his social worker who has since successfully closed the case. Referral information stated that Tom would benefit from specialist support to address the impact of Dad's harmful drinking on him in his early years. At the start of engagement dad was 7 months sober.

Mum was contacted and told us it was a constant battle to get Tom to go to school, his attendance was very poor. School had excluded him on a number of occasions citing "defiant and obnoxious behaviour" to his parents. Everyone was struggling with the conflict at home. School were aware of ESCAPE support.

Following 1-2 Ace's support, Tom developed healthy coping strategies, recognising when he was getting frustrated and learning how to redirect his focus when struggling. Building resilience which helped him manage stressful situations better, his confidence and ability to concentrate in lessons improved. The issues at school reduced.

At parents evening mum, teachers reported Tom was doing great in lessons, good attendance and less anger. Tom is a happy, confident young man and all members of the family reported positive outcomes.

Caseload by Geographic Area

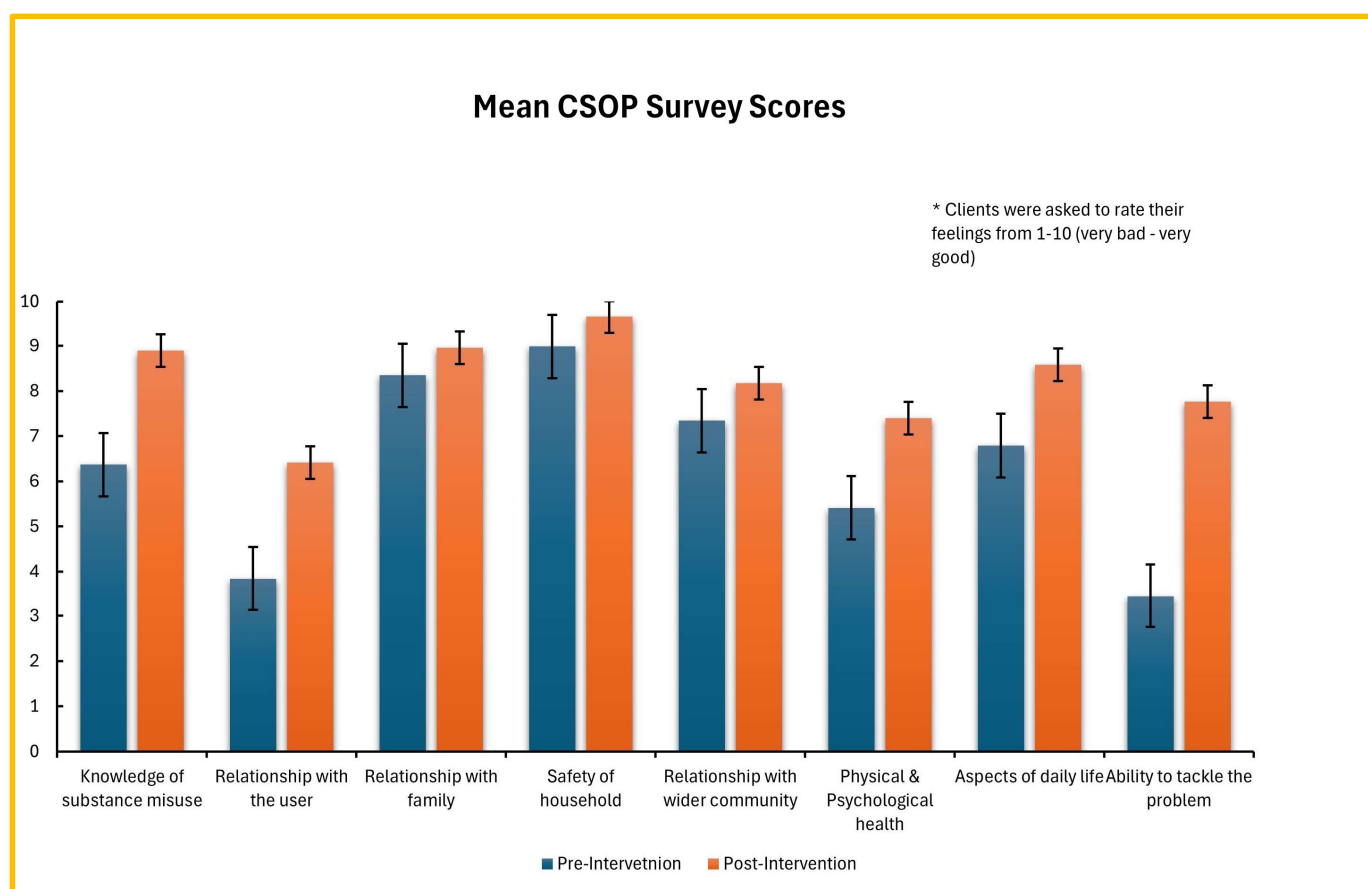


Sample data analysis carer & family support

We capture improvement and transitional success for beneficiaries using a range of recognised and validated tools: Carer Support Outcome Profile CSOP, ACE's Tools, Rosenberg Questionnaires, Outcome Action Plans, focus groups and service questionnaires. Broadly speaking, outcome measures aim to quantify changes that occur in a beneficiary's status over a course of treatment and social support. The commonest strategy involves the use of standardised outcome measures, based on pre-set questions administered to a group of beneficiaries. The standardised structure of these measures allows for mechanisation of the outcome measurement process, since all individuals are presented with the same pre-determined questions (OECD 2013).

The Substance Misuse Carer Support Outcome Profile (CSOP) is a tool developed by the Bridge Project in collaboration with the University of Bradford. It's designed to support carers of individuals with substance misuse issues. It is a nationally recognised survey used to measure the impact that caring has on carers, both physically and psychologically.

From the 271 closed cases last year we extracted 109 cases to be used in our data analysis to determine the effectiveness of our intervention's, against the 8 sections the CSOP covers. **We saw a significant ($p < .01$) increase in scores post intervention across all 8 areas with three "small medium" effects and five large effects.**



The 8 sections of the CSOP cover these specific areas:

Knowledge of substance misuse - **Large change effect.**

ESCAPE interventions significantly increased beneficiary knowledge and helped carers have a better understanding of their situation, helping reduce anxieties around a loved one's substance use behaviours

Relationship with the User - **Large change effect.**

ESCAPE interventions significantly increased carer understanding of the challenges their loved one faced, & increased their ability to provide appropriate support. Carers feel more able to discuss and address their feelings.

Relationship with family/Safety of household/ Relationship with Wider Community - **Small/medium effect.**

ESCAPE interventions increased protected factors leading to carers feeling improvement across all 3 areas. Carers have strategies in place that can help minimise collusion and manipulation within the family/ community. In reality even a small effect can have large and meaningful impacts, within complex settings.

Physical and Psychological Health - **Large change effect.**

ESCAPE interventions significantly improved carer's mental and physical wellbeing. Carers are better equipped to understand their own health needs and make healthier lifestyle choices.

Aspects of daily life & Ability to tackle the problem - **Large change effect.**

ESCAPE interventions significantly improved carer's ability to tackle the problem and cope with aspects of daily life. Carers have had the emotional and practical support that has enabled them to gain a level of knowledge that helps them understand and handle their circumstances better.

"ESCAPE changed my life as I did my education courses through ESCAPE, not only do I work in Recovery now, I also volunteer when I can at ESCAPE. I can't speak highly enough of all the staff and the services they provide." 2024 Family Champion Rob H.

"The Alcohol Care Team, Northumbria Healthcare Trust have established an effective partnership over numerous years with ESCAPE to facilitate a cohesive approach to the care pathway between primary and secondary care, thereby providing continuity of care for families. ACT are extremely grateful for their continued commitment and dedication to the families of Northumberland".

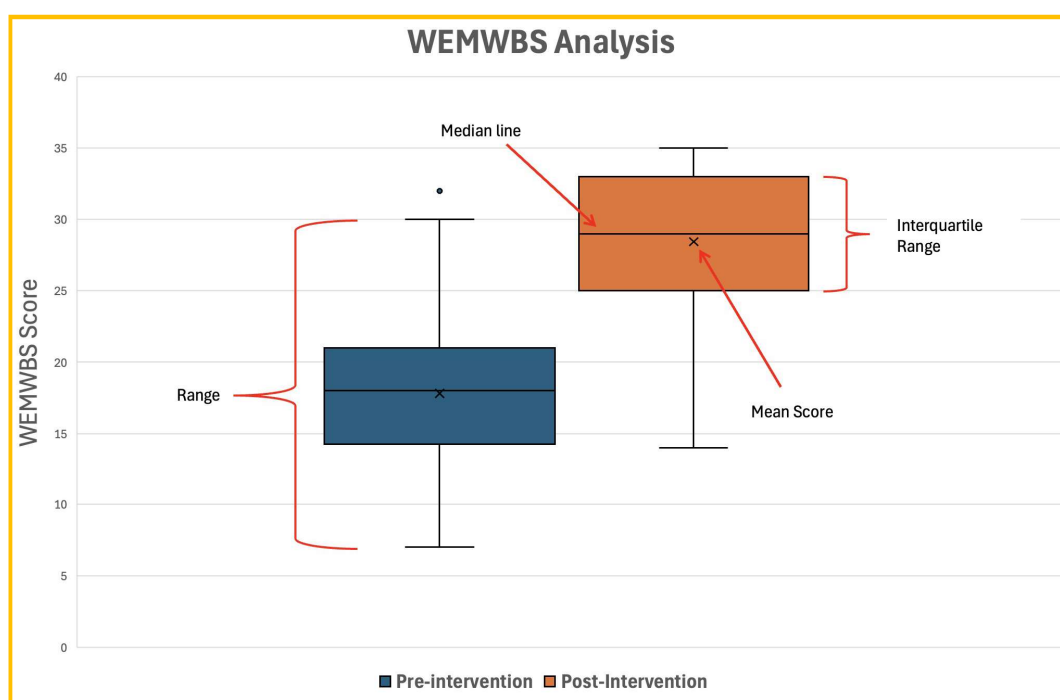
Linda Sample, Advanced Alcohol Specialist Nurse, Alcohol Care Team, Gastroenterology, Northumbria Specialist Emergency Care Hospital



Sample data analysis carer & family support

The **WEMWBS survey** is an internationally recognised tool for evaluating the effectiveness of programmes and interventions and their impact on the mental well-being of clients. The 14-item scale WEMWBS has 5 response categories, summed to provide a single score. The items are all worded positively and cover both feeling and functioning aspects of mental wellbeing, thereby making the concept more accessible.

From the 271 closed cases last year we extracted 224 cases to be used in our data analysis to determine the effectiveness of our interventions, pre- and post-intervention scores were statistically compared to look for differences.



Our statistical analysis discovered a significant ($p < .001$) increase in scores post-intervention compared to scores before intervention. The effect of our interventions was also calculated to be “extremely large”, showing that our services at ESCAPE made a great contribution to the improved mental wellbeing of our clients. Our interventions were found to have especially large effects on clients in areas such as optimism, relaxation, ability to deal with problems, and ability to think clearly.

“ESCAPE Family Support were really fantastic at supporting me when I needed it the most. My workers patience, regular calls and advice saw me through some tough situations and I’ll be forever grateful for that”. (Female carer)

“My daughter has taken a lot from her counselling sessions and has come a long way mentally and emotionally since. Thank you so much you have really made a difference in our lives.” (YP ACE’s mother)

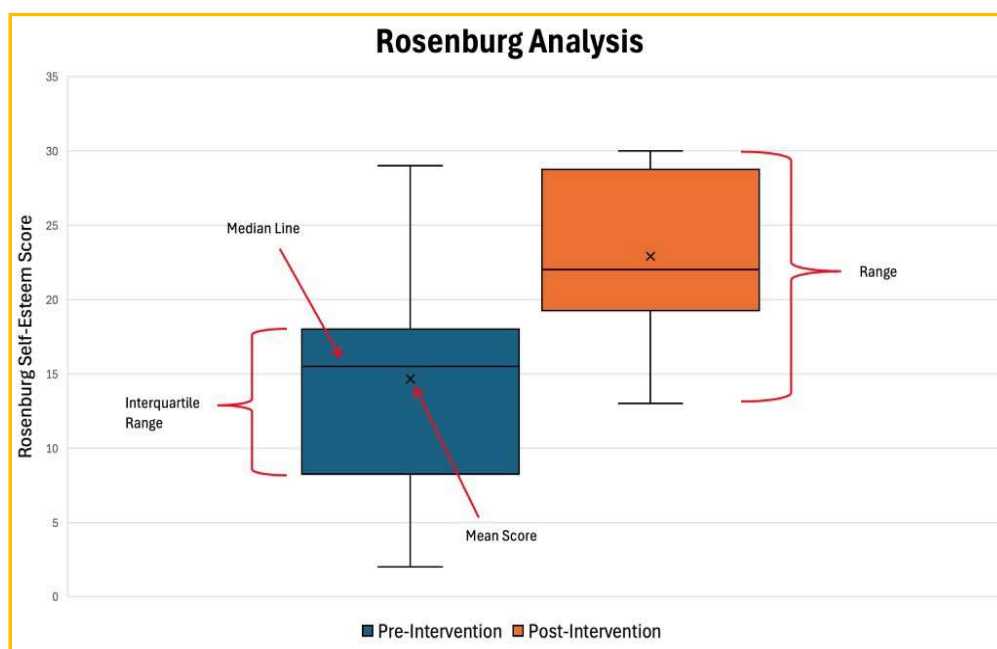
Escape has been very helpful in aiding me to change my life through my recovery and providing me with opportunities to better myself professionally. Escape has a great team that does not get the credit it deserves for the work they do in the community. Without Escape I would not be where I am today. (Family Champion Matt)

Sample data analysis YP ACEs project

The Rosenberg Self-Esteem Scale (RSE) is a widely used self-esteem measure in social science research. Developed by sociologist Morris Rosenberg, it consists of 10 statements related to overall feelings of self-worth or self-acceptance. Participants rate these statements on a **four-point scale**, from “strongly agree” to “strongly disagree.” The RSE provides insights into an individual’s self-esteem/self- efficacy and a score below 15 may indicate problematic low self-esteem.

Young People ACEs

The project worked with 53 x individuals (8-18 yrs.), we extracted 20 closed cases with pre and post intervention Rosenberg Self-Esteem **Scale** (RSE) assessments. We used these scores to determine whether the interventions provided through ESCAPE’ support led to a statistically significant improvement in self-efficacy/self-esteem.



The results of these tests, demonstrated a significant difference in scores and a “large effect” ($p < .001$). Meaning that our interventions significantly improved the self-esteem of our YP clients. The results of the paired t-test showed post-intervention scores were significantly higher than scores pre-intervention. It also demonstrated ESCAPE’s interventions have had a “large” effect on the result.

“The children find the service useful because for most of them it’s the first time someone is there for them to talk about their parents’ addiction who is not a social worker. This helps a lot because the relationship with a social worker is usually strained because we say that we are there to keep them safe but then, we remove them (this is not all of them of course), or we put safety plans in place and disrupt their day to day living and family time (contact) arrangements and for some, that knock by the social worker changed their life forever. It’s often very difficult to build this relationship so when you come in to ESCAPE and say you are there to listen to them and to support them, they build that relationship easily. You also have an in-depth understanding of how they are feeling, and you give them that one to one time each week which we cannot do.” **Nomsa Ndweni - Social Worker (Northumberland County Council)**

Accounts

ESCAPE FAMILY SUPPORT LIMITED

(A company limited by guarantee)

Charity Number 1063500

Company Number 03256554

STATEMENT OF FINANCIAL ACTIVITIES (SoFA)

(Including Summary Income and Expenditure Account)

For the year ended 31 March 2024

Income From	Notes	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Donations and Legacies	6	4,849	3,950	8,799	6,226
Charitable Activities					
Grants and Statutory Funding	7	60,032	189,098	249,130	305,293
Other Trading Activities	8	12,335	3,000	15,335	3,638
Investments	9	976	-	976	125
Total Income		78,192	196,048	274,240	315,282

Expenditure on	Notes	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Raising Funds	10	851	2,162	3,013	7,540
Charitable Activities					
Operations of the charity	11	72,368	208,434	280,803	312,862
Total Expenditure		73,219	210,596	283,816	320,402
Net Income/(Expenditure) and		4,973	(14,548)	(9,575)	(5,120)
Reconciliation of funds					
Total Funds Brought forward		239,064	234,615	473,679	478,799
Total Funds Carried Forward		244,037	220,067	464,104	473,679

The Statement of Financial Activities (SoFA) includes all grants and losses recognised during the year. All income and expenditure derive from continuing activities.

Thanks to our funders

ESCAPE are very grateful to commissioners, Town and Parish Councils, charitable and corporate funders, and our community fundraisers who support both front line services through revenue funding and the upgrades and maintenance of the building through capital funding.



Northumberland
County Council



BLYTH TOWN COUNCIL



Prudhoe
TOWN COUNCIL

HALTWHISTLE TOWN COUNCIL



Ponteland Town Council



SIR JAMES KNOTT TRUST



**The Shears
Foundation**



BLAGDON ESTATE



**THE NATIONAL
LOTTERY™**



**THE
ALBERT HUNT
TRUST**



**Garfield Weston
FOUNDATION**

karbon
homes

BERNICA



**Community
Foundation**



Local Community Fund

TESCO

Community Grants

T H E

Barbour

T R U S T



FOUNDATION



FREEMASONS
NORTHUMBERLAND



**H A D R I A N
T R U S T**



**the coalfields
regeneration trust**



**The Percy Hedley
Foundation**