ESCAPE FAMILY SUPPORT

ESCAPE is a registered charity 1063500 and a Company Limited
By Guarantee 3256554

Annual Review
2016/17

ESCAPE
Family Support

unsung heroes

INVESTORS IN PEOPLE | Gold

WHO WE ARE

Family at the heart of all that we do

ESCAPE's Family Team currently provides the only specialist provision for carers, kinship carers and families of substance users throughout Northumberland and supports family members bereaved by substance misuse. Additionally we provide provision to children within family settings where there are risks of "hidden harm" by raising awareness of risks to children and increasing protective factors through training.

We deliver services to substance users through our Recovery Project and volunteering and peer mentoring opportunities through our dedicated Peer and Training projects. Housing Support is offered through our Rent Deposit Guarantee Scheme (RDGS). Over the past two decades the charity has continued to develop services that fill gaps in local provision and add value to commissioned services.

We put the word 'Family' in the title because we understand the value of family in our work. We believe addiction is an illness affecting the whole family and this should be reflected in all our efforts to find a solution.

We Support people by:

• Providing a range of high quality services associated with substance misuse.

• Focusing on activities to achieve improved psychological, physical and mental wellbeing. These include one-to-one support or counselling; harm reduction, nutrition and health education; finance, budgeting, housing and education, training, prison visits, legal & court support; advocacy and liaison with Probation and Social Services.

• Working in partnership with others to offer the fullest possible range of holistic, complementary and diversionary services.

• Building peer group support and drop-in, befriending, volunteering opportunities, respite breaks and involvement in national, regional and local events.

• Providing opportunities for carers to share one another's experiences through mutual aid.

We aim to reach out to those communities by developing hubs of support for substance misusers, carers, families and friends wherever they live.

INVESTORS IN PEOPLE | Gold

A WORD FROM OUR CHAIR

It is my great pleasure to report on 2016/2017, this being my second year as Chair of ESCAPE Family Support Ltd.

2016/2017 has been another demanding, yet successful year. We continue to be very well supported by our many regular volunteers, friends, families and carers and continue to welcome new people into our midst. You will read in this Annual Review of some of the excellent projects and on-going work the charity has done, serving the communities of Northumberland.

Obtaining funding continues to be a big challenge, not only for ESCAPE, but for many similar organisations. I wish to thank most sincerely those individuals and organisations who have given their time, energies, skills and money to help make ESCAPE the successful organisation it continues to be. Without you we would not exist. My thanks also go to all the staff of ESCAPE, and in particular Janet Murphy our Chief Executive, who all work tirelessly to keep the show on the road and keep coming up with new ways to meet our clients' needs.

The board was sorry when the lease expired on the Charity Shop in Blyth and the shop had therefore to close. Nevertheless, some sales of the stock held have continued to be made from Susan Kennedy Centre and income generated. Susan Kennedy Centre continues to develop as the charity's headquarters and offers a range of services to clients, families and carers.

It never fails to impress me what people can achieve and how they can improve their lives and life chances, often with just a relatively small amount of support. The key to that success is often that the support is there when it is needed and delivered by individuals who know how to do it well and who care. ESCAPE does this well.

I hope you enjoy reading this Annual Report and learn more about what happened in 2016/2017.

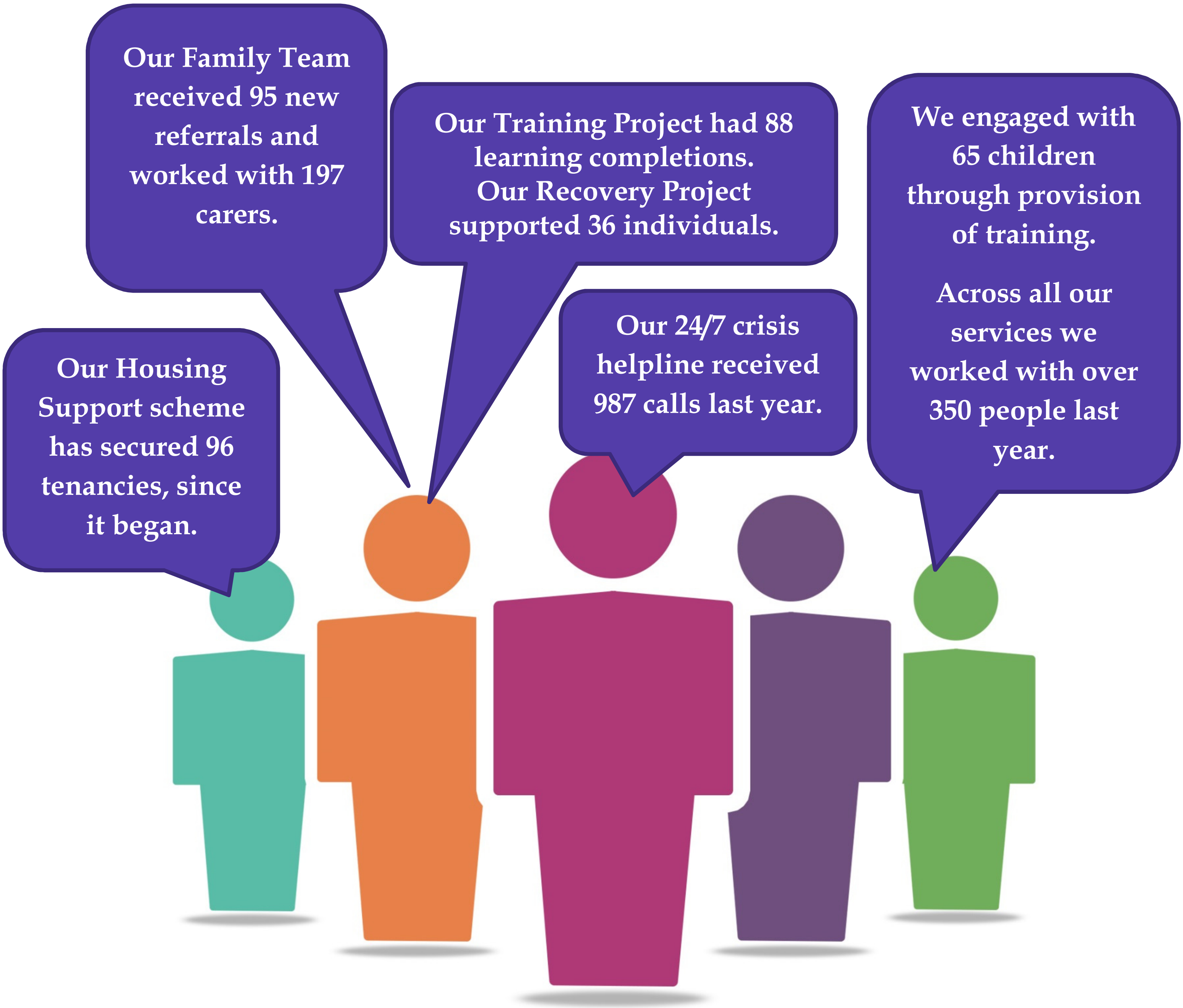
Jackie Axelby MBA, MBE

Chair

ESCAPE Family Support Ltd

OUR ACHIEVEMENTS

In 2016 - 2017



“I couldn’t have done it without the support of ESCAPE…..thank you all”

L* a 39 year old mother of 3 was referred to ESCAPE by Social Services in early 2016 for the Strengthening Families Programme. L* children were on child protection (neglect), at time of referral, the children were living with Maternal Grandparents. L* primary substance use issue was opiates (heroin). L* had begun a methadone programme with NRP.

L* has made excellent progress in regards to her Methadone programme. L* has been Methadone free since spring 2017, and adapted to this transition problem free. She continues to access support groups on a weekly basis. L* is a valued participant in a group setting, and uses her experiences, both positive, and negative to help support others.

L* has a passion for Art, and has most recently been involved in the photography exhibition, where her work was described as outstanding. L* regularly attends gardening, and craft sessions.

L* is often described as an inspiration by her peers. L* has achieved a recognised qualification and completed mandatory peer training, she is now peer mentoring at ESCAPE.

L* has progressed well, so much so that the children were returned to her care (Child Protection in place) with a support plan in place for family members to take care of the children to enable L* to attend groups at NRP and ESCAPE.

Her family life continues to go from strength to strength. All of her children now have excellent attendance at school, and are thriving. The children no longer need to attend counselling with Place to Be, however the door is always open. Her oldest child has completed work with CYPS, and is managing his behavioural problems well. The children have now been stepped down to Early Help Assessment (EHA), where professionals meet with the family every 6 weeks to discuss how things are going, the EHA is due to end in Autumn.

L* is very forthcoming in disclosing how important it has been for her, and her family, to have the support of ESCAPE and other agencies, who have worked together to build confidence in all areas of her life.

L* presents now as having a real love for life, and is looking forward to new opportunities in the future. She is substance free and because the cycle of addiction has been broken not only has the relationship with her children improved, but things are vastly improved with her wider family and friendship settings.

Community Reinforcement and Family Training (CRAFT) is a behaviour modification programme for carers to help their resistant loved ones get into treatment and manage problematic behaviours.

CRAFT has a range of resources which carers are given during the programme to keep such as a functional analysis which helps carers to gather information and think about what is happening when their loved ones use substances so plans can be made to improve the overall situation.

CRAFT also uses a range of strategies such as positive reinforcement for non-using behaviour and helping carers to understand the difference between supporting and enabling and adjusting their own behaviour if necessary. It is an 8 week programme comprising of 2 hour weekly sessions.

Wendy (who requested we use her real name) first came into service at ESCAPE in 2009 seeking support for herself because her husband was addicted to alcohol and drank excessively on a daily basis to the point where she was fearful he would die. This had a major impact on Wendy's mental wellbeing and relationships within the family setting. Wendy was desperate for things to change and stated she felt helpless and didn't know what to do to change her situation.

As part of her care plan Wendy attended CRAFT training, she embraced the principles of CRAFT and began to apply them in her relationship with her husband and her situation began to improve straight away, she gained more confidence and was more in control using the strategies she had learnt. She practiced the positive communication skills and boundary setting/safety planning strategies which helped her to become more assertive and she was able to manage her situation more effectively. As her approach to her husband's excessive drinking became more productive she obtained more confidence and positive outcomes. On completion of the course Wendy had achieved the 3 main aims of CRAFT:

- She got her husband into treatment
- She helped him to manage reducing his drinking to safer limits
- She improved her own quality of life.

Wendy also attended other training (drug and alcohol awareness, overdose prevention/alcohol withdrawal education). Wendy is now a regular Peer Mentor at ESCAPE giving her time freely to offer support to others, she particularly likes facilitating and baking for the regular carer coffee mornings. Her confidence, home life and family situation have improved significantly and she recently did a sponsored swim to fundraise for the charity as in her own words…

"ESCAPE is a superb service and I couldn't fault the support I've received….I have my life and my family back".

LEARNING & GROWING. TAKING CONTROL

ESCAPE has a well-established and well respected training provision. We receive referrals from wide ranging community and statutory partners, including Adult & Children's Social Services, commissioned drug and Alcohol providers, Children's Centre, Early Help Hubs, Probation and local voluntary organisations.

Our training project provides a range of programmes and workshops to substance using parents and kinship carers (non-substance using) to assist them in their parenting role and to develop and deliver training programmes to improve family relationships and alleviate some of the damage caused through addiction.

With the aims of:

- Improving outcomes for children living within a family setting where problematic substance use is an issue.
- Limiting the harm to family members and carers, which can result from their relative's substance misuse by enabling families affected by drug and alcohol use to better understand the dynamics in their lives as a result of substance misuse.

Our Training offer includes:

Community Reinforcement Approach and Family Training (CRAFT) is an evidence-based, motivational programme of support for family members who have frequent contact with a loved one (i.e. partner or adult son / daughter) who is using alcohol or drugs problematically but who refuses to enter treatment.

Strengthening Families Programme (SFP) SFP involves not just parents/carers or children alone, but both together. It was developed specifically as a selective prevention strategy for 6 to 12 year old high-risk children of substance-abusing parents.

Skills for supporting those affected by addiction (North East Open College Network) Accredited Level 2.

We continue to deliver and develop new workshops to support our Parenting Programmes, to support carers to understand and manage conflict within their family settings and improve outcomes. Our full suite has 10 sessions consisting of two hour workshops for parent/carers. Facilitation of these has been adapted to accommodate child's age. (Under 5's, 5-9's, teenagers).

The Programme sessions and aims are: Understanding why my child misbehaves: Promoting positive behaviour: Managing misbehaviour: Taking care of ourselves as parents: What assertiveness means: Dealing with criticism: Encouragement and assertiveness: Self-awareness and confidence building: All about me: Communication and listening: Anger awareness

CHANGING LANDSCAPE

The past year has been a challenging one for the charity and the board of trustees have had to make some bold strategic decisions. These have been made to ensure the core funding difficulties the charity has experienced are minimised moving into 2018/19. These have included selling physical assets, namely Emily Davison House our Blyth based facility and former HQ. This was necessitated by contraction in staffing which resulted in underutilisation of the building and the need to realise the asset to strengthen our reserve position.

In addition our founder and CEO Janet Murphy requested voluntarily redundancy in April 2016 to protect further salary spend from unrestricted income and protect frontline staff. Janet continues to remain in her role as CEO in a full time voluntary capacity and she has joined the board of trustees.

Since 2011-2012 Northumberland County Council's budget has been cut by £148 million. In February 2015, the Council approved the Medium Term Financial Plan covering the period 2015-2019 and a two-year budget for 2015-2017. This required £44 million of savings; £28.85 million for 2015-2016 and a further £15.4 million for 2016-2017.

Due to cost savings needed at a county level ESCAPE's successful Rent Deposit Guarantee Scheme (RDGS) which the charity had delivered for 6 years on behalf of the council, was taken back into county to protect their frontline staff and budget. The loss of the scheme is a great shame as it was very successful in providing very vulnerable people with stable, suitable accommodation which is a key element for individuals in their recovery and reintegration into the community. It also provided those people with support around managing tenancies, budgeting and employability.

The RDGS project was subject to external evaluation in 2013 to demonstrate how we measure impact and social value. At that time there were 45 active tenancies and the report highlighted the added value to the local economy, wellbeing, community and environment that the project gave. The method used was Social Return on Investment (*SROI is calculated by dividing the total SROI value by the total investment in the scheme by the Local Authority). The report acknowledged the question of attribution for the RDGS was complicated. That while securing a tenancy may be the 'tipping point' for significant change in the life of a client – from a chaotic lifestyle with bouts of substance abuse, children at risk and occasional brushes with the justice system to a more settled lifestyle, children attending school and engagement with education or training for employment. Clearly the whole effect of that transformation cannot be attributed to the RDGS alone – it is the cumulative product of support from statutory agencies, from family and friends, and (often) from ESCAPE both before and during their participation in the Scheme.

The report concluded that over the first 3 years the Local Authority invested in the scheme. If a strong view of attribution was taken, giving weighting to the wider contribution of ESCAPE Family Support in preparing clients for and supporting them through their tenancy, then the social return may have been as high as **£3.16 for every £1 invested*.**

Our Charity shop in the Keel Row Centre, Blyth continued to be well supported by local people.

The shop specialised in pre-loved children's clothing, toys and equipment. Volunteers and beneficiaries of our services continued to staff the shop, organise donations, price, organise shop displays and additional fundraising activities from the centre such as running tombola stalls.

Due to increased lease and rental terms the charity made the reluctant decision to vacate the Keel Row Centre in November 2016. The charity would however like to pass on their thanks to Northumberland Estates for allowing us to trade from the centre at greatly reduced costs for nearly two years. The closure of the shop had a big impact on volunteers who were very disappointed. And despite searching for alternative premises within the town we were unable to secure anything suitable.

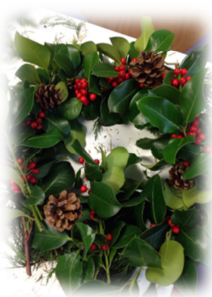
The shop had provided opportunities for training, work experience, a sense of routine and community and a chance to make new friends. A group of volunteers were keen to continue shop activities (albeit limited). They were instrumental in setting up a new shop within the Susan Kennedy Centre, ESCAPE'S headquarters in Ashington. They transformed the hall into a shop, continued to collect, sort and display new stock. Because of limited foot fall it was decided to open the shop 2 days a week. In addition a number of flash sales were held in our Blyth building.

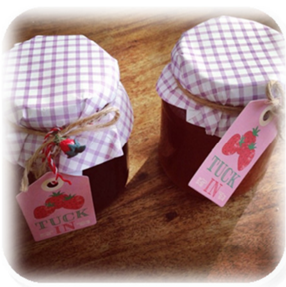
While sales bring in a modest income for the charity the volunteers involved in the shop still have a real passion to continue.

We still work in partnership with Franklin prison selling a range of bespoke handmade children’s furniture, craft items and cards all made within the prison.

In addition to our regular volunteers ESCAPE is always grateful to the army of brave souls who fearlessly walk over fire, jump off bridges on zip wires and run the Great North Run (GNR) to raise funds for our work.

Our beneficiaries continue to support fundraising activities; this includes making craft items, cards, calendars, candles and jams to sell at local events and markets. The lead up to Christmas is a really busy one for our carers who annually get involved in making and selling Christmas wreaths. Huge thanks to all our volunteers and peers.





Diversionary activities are a huge part of our beneficiaries' recovery journeys. They provide people with sense of purpose, an escape and the opportunity to try out new things, socialise, build in confidence and improve mental well being.

Our peers and volunteers provide a range of diversionary activities, drop in, coffee clubs, holistic therapies, group acupuncture, counselling and arts and crafts. They continue to be critical in supporting the charity to deliver the range of service and interventions it does.

We have 43 volunteers and peers registered with us presently, with a core of fifteen regularly supporting weekly service delivery and shadowing staff. The types of activity they lead on or support include: Facilitation of weekly SMART Recovery Group (Female Peer Ex client 3 years abstinent). Lead Peer runs weekly art group (Male Peer Ex Family Team client). Female Peers x 2 both ex clients abstinent support the training project Strengthening Families Programme, self-esteem workshops etc. We have 4 volunteer counsellors each carrying caseloads of 2 – 6 clients/families, 1 volunteer specialises in Family Therapy.

We still operate the charity shop 2 days a week at present and there are 4 regular volunteers who support the shop, manage donations, deliveries, pickups and sales. Of the 43 registered Peers/Volunteers 11 have been beneficiaries of ESCAPEs services (Service Users). Recently one of our peers moved into employment, over her 3 year volunteering with ESCAPE she achieved level two and three NVQ qualifications and benefited from external training provided by our partner agencies including First Aid, Risk Assessment. The training and the experience gained at ESCAPE encouraged her to aspire towards a career in social care which she has now achieved.

Victoria was looking for a placement while completing her counselling foundation degree in 2011, in February of that year she became a volunteer at ESCAPE. Within the year Victoria had expanded her volunteering role and become more involved in activities, supporting drop-ins, badminton and women's groups. ESCAPE was able fund training in acupuncture for her and she was able to deliver this to beneficiaries.

Victoria progressed to being a Duty Volunteer and managing a small caseload supporting clients throughout their recovery. When the opportunity arose Victoria applied for a vacancy at the charity and was successful at interview. Victoria and another worker were recruited in the summer of 2016 to ESCAPE's Recovery Project.

As Victoria says …. "Volunteering was about giving up my own time, but the experience and knowledge that I gained has been invaluable".

If you are interested in volunteering please email admin@escapefamilysupport.org.uk to find out more.

ACCOUNTS	Unrestricted Funds	**Restricted**	Endowment Fund	2017 Total	2016 Total
Incoming resources					
Incoming resources from generating funds: Voluntary income	149,034	100,296		249,330	380,268
Activities for generating funds	20,360			20,360	29240
Investment income	33			33	33
Other incoming resources	9,265	10,475		15,911	19,740
Total incoming resources	178,692	110,771		**289,463**	**425,452**
Resources expended					
Costs of Charitable Activities	213255	135,591		348,846	390,916
Governance costs	13,952	3,821		17,773	24,606
Total resources expended	**227,207**	**139,412**		**366,619**	**415,522**
Net incoming/(outgoing) resources				(77,156)	9,930
Total funds brought forward				712,453	702,523
Total funds carried forward				**635,297**	**712,453**

THANKS GO TO

the Tudor trust

Esmée Fairbairn Foundation

LLOYDS BANK FOUNDATION England & Wales

Arts Council England

the coalfields regeneration trust

The Joicey Trust

The Joicey Trust is a registered charity 244679

Northumberland County Council

TESCO Bags of Help

Groundwork — Changing Places Changing Lives

bait time.to/

I hope you have enjoyed reading about our work over the last year. Despite considerable changes including relocating our headquarters from Emily Davison House (Blyth) to The Susan Kennedy Centre (Ashington) we have continued to deliver a quality service to our beneficiaries. We have been able to continue service delivery from Blyth at our rented premises Spectrum and continue to work in the West of the county from partner buildings.

We have continued to work in partnership with a number of projects and organisations to support us in improving the outlook for the people we work with. This year we have been working with the Bridge Project and have hosted two seconded employability workers within our buildings. This has enabled our beneficiaries to have dedicated support tailored to their needs to help them move closer to the labour market.

We have continued to work with BAIT art project and both recovery support beneficiaries and carers have been involved in a photography project, working with professional artists. The clients decided the theme of their project would be "Turning the Everyday into the Magical". They are currently planning an exhibition of their work to take place during summer 2017.

We have also continued to work with Groundwork and moving forward into next year our beneficiaries will be putting the finishing touches to the tranquillity gardens they have designed at our Ashington HQ. The project plans to showcase the gardens in the autumn.

I would like to thank our staff and volunteers for their continued passion and commitment to ESCAPE and also the board of trustees for their support and guidance throughout what has been a very challenging year.

Our funding priority is to strengthen contributions to core spending to support running costs of the organisation moving forward. We need to ensure sustainability so that we can continue to deliver essential services to our beneficiaries.

Janet Murphy MBE

CEO

BRIDGE — Building better opportunities across Northumberland

VOICES NORTHUMBERLAND

BIG LOTTERY FUND — NATIONAL LOTTERY FUNDED

European Union — European Social Fund

1762 BREWIN DOLPHIN

The Bridge Project is funded by the BIG Lottery Fund and the European Social Fund (ESF) as part of the Building Better Opportunities Programme

REGISTERED COMPANY NUMBER: 03256554 (England and Wales)
REGISTERED CHARITY NUMBER: 1063500

Report of the Trustees and Unaudited Financial Statements for the Year Ended 31 March 2017 for

ESCAPE Family Support Limited

Peter Weldon & Co. Ltd
87 Station Road
Ashington
Northumberland
NE63 8RS

ESCAPE Family Support Limited

Contents of the Financial Statements
for the Year Ended 31 March 2017

Report of the Trustees
for the Year Ended 31 March 2017

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2017. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Purposes and Aims

Our aims and objectives as set out in the objects contained in the company's memorandum of association are now to:

i. to provide support, counselling, mediation to relieve the poverty, sickness and distress of drug, alcohol and solvent users and their families who are or have been suffering from the misuse of substances being any substance which is misused to the detriment of the health of the individual in the community of Northumberland and elsewhere as the Association may determine;

ii. to advance education and training of the community of Northumberland and elsewhere as the Association may determine in the problems resulting from non-medical use and abuse of drugs and associated problems; and

iii. to provide support, counselling, mediation and accommodation to relieve the poverty, sickness and distress of vulnerable adults in the community of Northumberland and elsewhere as the Association may determine.

Our aims, objectives and activities are reviewed annually. This involves evaluating what we have achieved and the outputs and outcomes of our work in the aforementioned 12 months. The success of key activities and benefits these bring to our beneficiaries are appraised. This ensures that that our aims, objectives and activities continue to focus on our specified purposes, facilitates continuous service improvement and prevents mission drift.

ACHIEVEMENT AND PERFORMANCE

The information below which provides a summary of achievements and performance over this financial period should be read in conjunction with the attached Financial Statements.

How our activities deliver public benefit:

Our main activities and people we try to assist are outlined below. All our charitable activities are focused on relieving poverty, sickness and distress, the provision of support to families, treatment and prevention of substance misuse is undertaken to advance our charitable purposes for the public benefit of Northumberland.

Who needs, used and benefited from our services?

Our funding and resources continue to limit our main service provision to residents of Northumberland. Northumberland has a population of over 300,000 people, many scattered thinly in relatively isolated towns and settlements across expanses of countryside, whilst a significant concentration live in the south east of the county in declining economic communities. The county of Northumberland is now a unitary authority. People in parts of Northumberland suffer extremes of poverty with low average incomes in three of the county's previous six district areas, with demonstrable inequalities of income across the county.

In common with other areas of the U.K., Northumberland continues to experience drug taking along with an increase in alcohol use amongst its population. Moreover the North East suffers the worst alcohol related health problems in the UK with 3680 alcohol related deaths per annum (2010-2012). This overall rate is 33% higher than the national average (Balance - North East Alcohol Office). The cost of alcohol related harm in 2015/16 was £341 per head of population.

Furthermore, 2.7 million adults in England used an illegal drug in the past year; there are 294,000 heroin and crack users in England; 40% of prisoners have used heroin; and use of cannabis is estimated at 6.5% of the population. Use of New Psychoactive Substances (NPS) previously known as "legal highs" appear to be concentrated amongst young adults (16-24 years), particularly males. Increasing numbers are coming forward to agencies presenting with cannabis as the primary problem; and there is continued reporting of widespread non-medical use of prescription and over the counter drugs. Parental drug use is a risk factor in 29% of all serious case reviews. There were 2,300 drug misuse deaths in England in 2015, an increase of 8.5% on the year before and the highest figures on record. Drug misuse is the third most common cause of death for those aged 15 - 49 years in England. (Public Health England and Crime Survey for England 2015/16)

The Government's Alcohol Strategy 2012 aims to achieve:
* A change in behaviour so that people think it is not acceptable to drink in ways that could cause harm to themselves or others;

And achieve a reduction in:
* The amount of alcohol fuelled violence
* The number of adults drinking above the NHS guidelines
* The number of people "binge drinking"
* The number of alcohol related deaths
* The numbers of 11-15 year olds drinking alcohol and the amounts consumed.

The Government's new Drug Strategy 2017 aims to:
* Reduce Demand - Building confidence and resilience among children, young people and others with a more targeted approach for vulnerable individuals.
* Restricting Supply - Ensuring the legal framework remains effective, while tackling the production and distribution of drugs. Taking a smarter approach to drug-related offending.

ACHIEVEMENT AND PERFORMANCE
* Building Recovery - Achieving better outcomes for those in recovery, through increased transparency, better structures, a more integrated system and stronger governance.
* Global action - Shaping international policy and practice by providing global leadership and working with our international partners.

In Northumberland, it is estimated that 1200 people are opiate and/or crack users and that 71% of these are in contact with the drug service - this is better than nationally (50%). 43% misuse prescription or over the counter medications (15% nationally). 71% of those in treatment are male and the age profile is: 18-29 years 24%; 30-39years 39 %; 40-49 years 31%. 18% of people entering treatment in Northumberland are a parent living with children and 42% do not live with their children. 18% of new entrants into treatment also receive care from mental health services (24% nationally). 33% of opiate users have been in treatment for more than six years (9% nationally). 66% new entrants into treatment are unemployed (44% nationally). (Source: JSNA Support Packs 2017).

In addition, it is very important to ensure that families and carer's, partners and friends are included in a client's treatment journey as this support can make all the difference to a successful outcome. 18% of individuals coming into treatment live with children, and so it is very important that appropriate working practices are in place to safeguard those at risk from hidden harm. An important part of the individual's treatment journey is to ensure that they and their families, friends and children are supported in building and maintaining effective relationships with each other.

ESCAPE Family and Carer Services:

The Family Team deliver a range of services to the families and carer's of substance users who include parents, grandparents, partners, siblings and children including telephone support, advice, information, advocacy, comprehensive carer assessments, personalised care plans, 1-1 support, counselling, support groups, personal learning opportunities, arts and respite opportunities and support to help family members work together. The team also provides specific support for kinship carer's, for those with a family member involved in the criminal justice system and for those bereaved by substance use. The team continue to work with family members whether their loved one is in treatment or not.

ESCAPE was commissioned by Northumberland County Council during 2016/17 to help deliver the Northumberland Supporting Families Project and has been re-commissioned to continue delivery of this work during 2017/18.

The Family Team received 95 new referrals during 2016/17 and had an open caseload of 197 on 31st March 2017. Of these 78 have high level Tier 3 needs with the remaining 119 sitting within Tier 2 less intensive support.

We continue to deliver Community Reinforcement and Family Training (CRAFT). This is an evidence-based, motivational programme of support for family members who have frequent contact with a loved one (i.e. partner or adult son / daughter) who is using alcohol or drugs problematically but who refuse to enter treatment. It is also proven to be very effective with families whose loved ones are in treatment. The three main aims of CRAFT are to: improve the life of the "Concerned Significant Other", reduce the users' substance misuse and encourage a loved one into treatment. Family members who have participated in CRAFT report significant benefits for themselves and the substance user.

The Family Team continue to offer a range of support where multiple issues occur, including children's safeguarding, domestic violence and offending etc.

ACHIEVEMENT AND PERFORMANCE

The Family Team utilise the Carer Support Outcome Profile (CSOP) developed by The Bridge Project in Bradford and the Family Outcome Star. These tools track carer treatment and outcomes and show that overall our service achieves an improvement across all areas measured for its carers and family members, both in the initial stages of support and across their entire period of support. This includes their relationship with the user, relationship with family, psychological health and quality of life therefore demonstrating the positive impact our family services have on the lives of family members and carer's.

Drug and Alcohol Recovery Support.

ESCAPE have continued to deliver a 24/7 Helpline service. People generally call the helpline for advice and information and to self-refer into service. The staff team provide harm reduction and relapse prevention support. However many of the calls received out of office are made by those who are in crisis. To safeguard and assist these people our helpline staff involves the Crisis Team, Ambulance, Police and other relevant services as appropriate. This service continues to be provided solely in Northumberland.

ESCAPE continues to deliver support to a small caseload of drug and alcohol users who either do not meet the thresholds for the commissioned treatment service in Northumberland or who prefer to access support at ESCAPE instead.The service received 46 new referrals in 2016/17 and on 31 March 2017 had an active open caseload of 29.

We have continued to deliver SMART Recovery Groups in Blyth and Ashington and to support a women's mutual aid recovery support group in West Northumberland.

ESCAPE has provided peer mentoring and volunteering placements throughout the year and provided in-house accredited training and vocational training for participants.

VOLUNTEERING AND PEER MENTORING PROJECT AND FAMILY TEAM TRAINER:

Volunteers and peer mentors continue to be critical in supporting paid staff in the delivery of services. Without volunteer support ESCAPE would not have staff capacity to support many of the groups and activities it offers clients. Diversionary activities include: Gardening; Independent Living Skills (cook & eat groups, nutritional advice); Social and creative opportunities (visits, arts & crafts activities etc.) and complementary therapies (Acupuncture, Reiki, etc.).

Aside from the personal learning journey of volunteers/mentors (e.g. improving basic life skills; volunteering skills for employability) and the assistance and personal experience they bring to ESCAPE as an organisation, there are wider community benefits from volunteer/mentor involvement. By empowering volunteers and peers to facilitate support groups (i.e. Alcohol support group) the stigmas associated with drug & alcohol misuse continue to be challenged and broken down and people can make a positive contribution to their community.

With the support of 43 volunteers and peer mentors we have been able to significantly increase provision and this year our volunteers have provided slightly over 5300 hours of work throughout the year. This is in effect the equivalent of 3 full time workers. The massive added value that the combined mix of skills and experience of volunteers/peers is much broader than a single person in a paid post.

Volunteers are able to offer additional and more unique support which complements that of the paid staff. Volunteers often have more time and flexibility, as well as the option to offer out of hours support. Our alcohol recovery group which runs on a weekly basis identified a need for clients to access healthy social activities which didn't include substance misuse, which were in a safe place, where they could establish healthy, long term and appropriate friendships.

ACHIEVEMENT AND PERFORMANCE

ESCAPE recognise that in order to support volunteers and peer mentors our training needs to be as robust as our ongoing support to them. ESCAPE received charitable funding in 2013 to employ a Family Team Trainer. This has continuously enabled the development and delivery of a really robust programme of training appropriate to volunteers, clients and those on the journey to becoming peer mentors. The programme includes ESCAPE's OCN- accredited Support Skills Level 2 and Family Dynamics Level 3, Safeguarding, Group Skills, Overdose Awareness, Drug and Alcohol Awareness, Strengthening Families, CRAFT, The Freedom Programme, as well as Team Work and Communication Training. Alongside this our training officer and external providers offer a range of courses to develop and enhance our volunteers' skills and confidence. The training includes: Referral and First Assessment training, 12 Step Awareness, Safeguarding, Mental Health Awareness, Confidence & Assertiveness, Teenage Brain Development, Mentoring, and Acupuncture Training. This year 43 volunteers/peers attended a variety of training including our own accredited Skills for Supporting those Affected by Addiction, Child and Adult Safeguarding and Food Hygiene Courses.

FINANCIAL REVIEW

Reserves policy

The Trustees have considered the charity's requirements for reserves in relation to the principal risks to the organisation. Whilst most of the charity's funds are spent in-year, it has always held a contingency reserve on deposit.

The budget for 2017/18 is £311,725 and therefore the target is £77,931 to £155,862 to be retained in reserves plus tangible fixed assets. Unrestricted funds of £339,350, designated unrestricted funds of £2,828 and £293,119 of restricted funds apply at 31st March 2017.

The charity continues to work in an area of limited resources and insecurities over funding and is working hard to secure its core funding until 31st March 2018. Steps taken in 2016/2017 to reduce overheads and thereby strengthen sustainability included the redundancy of the CEO on 5 April 2016. The CEO is founder of the charity and continues to fulfil the role of CEO and has re-joined the board of Trustees. The under-utilisation of Emily Davison House, the charity's HQ in Blyth, led to its sale which increased cash reserves. In addition, sale of an unused property in Carlton Street, Blyth, and repayment of the associated loan to BIG Issue Invest also strengthened the financial position.

FINANCIAL REVIEW

Principal Funding Sources

Principal funding sources for the charity during 2016/2017 were for the Family Team through Northumberland Public Health, Northumberland County Council Adult Services Carer Strategy Group and a grant from Lloyds Bank Foundation for our Recovery Support Project. Grants were received from Northumberland County Council for the Rent Deposit Guarantee Scheme, Bridge Project Development and Supporting Families Project. Further funds were received from Charitable Trusts which included a grant from Tudor Trust for our Volunteer and Peer Mentoring Project, a grant from Esmee Fairbairn Foundation which funds a Training Project for our service users, carers, volunteers and peer mentors. Smaller amounts were also received from Brewin Dolphin, Gowling Charitable Trust, R W Mann Trust, Drout Charity and the Arts Council.

Escape Trading CIC Ltd which is completely independent of ESCAPE Family Support Ltd ceased trading on 31st March 2017.

The ESCAPE Family Support Charity Shop closed in November 2016 due to increased lease and rental terms as costs were then untenable. The shop specialised in pre loved children's clothing, toys and equipment. Volunteers and beneficiaries of our services staffed the shop, organised donations, priced goods, created shop displays and ran additional fundraising activities from the shop such as tombola stalls and raffles.

The charity would like to thank Northumberland Estates for allowing us to trade from the centre at greatly reduced costs for nearly two years. The closure of the shop had a big impact on volunteers who were very disappointed. And despite searching for alternative premises within the town we have been unable to secure anything suitable. The shop provided opportunities for training, work experience, a sense of routine and community and a chance to make new friends. A group of volunteers are keen to continue shop activities and have been instrumental is setting up a new shop within ESCAPES Ashington building. They transformed the hall into a shop, continued to collect, sort and display new stock. Because of limited footfall it was decided to open the shop 2 days a week. In addition a number of flash sales were held in our Blyth building.

While sales bring in a modest income for the charity the volunteers involved in the shop still have a real passion to continue. We still work in partnership with Franklin prison selling a range of bespoke handmade children's furniture, craft items and cards all made within the prison.

FUTURE PLANS

The charity will continue to work to consolidate and maintain existing service provision. The focus of our work will continue to be to relieve the poverty, sickness and distress of substance users, carers and families and to advance education and training within communities. Our activity will contribute towards the work outlined within the aforementioned National Drug and Alcohol Strategies.

Strategies we utilise to fulfil these objectives include:

- Providing a range of services which comply with appropriate quality standards and address problems associated with substance misuse.

- Concentrating upon restricting the harm correlated to substance misuse for the individuals, their families, carers and friends and the wider communities of Northumberland.

- Working in partnership with other organisations to establish and secure a holistic range of services corresponding to the needs of all service beneficiaries

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

ESCAPE Family Support Ltd is a charitable company controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, and complies with the Companies Act 2006 and SORP. Incorporated on September 30th 1996 and registered as a Charity on July 18th 1997, the Company was established under a Memorandum of Association, which established the objectives and powers of the Charitable Company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the company are also charity trustees for the purposes of Charity law and under the company's Articles are known as members of the Management Committee, usually referred to as the Board of Trustees. Under the requirements of the Memorandum and Articles of Association the longest serving members of the Management Committee (the Board) retire on rotation at each Annual General Meeting and, being eligible, can stand for re-election.

The Management Committee (the Board) seeks to ensure that it has the requisite skills available to it and that the groups which the Charity serves are reflected in the make-up of the trustee body. An annual skills audit is undertaken and training is provided as necessary to existing and all new trustees covering:

- The duties and obligations of the Management Committee (the board)
- The main documents which set out the operational framework for the charity including the Memorandum and Articles
- Resourcing and the current financial position as set out in the latest published accounts
- Future plans and objectives

Monthly full team meetings inform the future planning and strategic thinking of the management committee (the board) and are open to staff, volunteers and peer mentors. In addition, user and carer involvement groups and surveys of stakeholders inform the work of the charity.

The Management Committee (the board) has eight members who meet every other month and are responsible for the strategic direction and policy of the charity. At present the Committee has members from a variety of backgrounds relevant to the work of the charity.

A scheme of delegation is in place and day-to-day responsibility for the provision of the services rest with the Chief Executive. The Chief Executive is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met. In so far as it is complimentary to the charity's objects, the charity is guided by both local and national policy.

The charity is committed to working in partnership with other organisations and works closely with, and is represented on, Northumberland's Drug and Alcohol Steering Group and the Carers Strategy Group. More widely it works closely with bodies that impact on recovery from substance misuse and provide mutual aid to support recovery. Representatives regularly attend steering and special interest groups which impact on health & crime-related programmes and strategies are discussed, analysed, & learning disseminated. We share knowledge, experience, best practice, assisting communities & organisations with identified need, which have heard of our work and wish to replicate it in some form. We circulate external evaluations of our work to partners and funders to share findings and knowledge.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

Other close working partnerships have been developed with the National Probation Service, Community Mental Health Teams, Adult and Children's Social Services, Carers Northumberland, Relate, Cygnus, BRIC, Northumberland CVA, Northumberland CAB, Northumberland Domestic Abuse Service and other Community Groups. The charity initially achieved the Investors in People Gold Standard in 2010 and was successful in retaining Gold standard in January 2013 and again in February 2017. Investors in People Health and Wellbeing Standard was achieved in 2011 and retained in 2014 and 2017.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
03256554 (England and Wales)

Registered Charity number
1063500

Registered office
Susan Kennedy Centre
63 Southview
Ashington
Northumberland
NE63 0SF

Trustees

T Devine	
D Brown	
J L M Axelby	
A Steward	
P Ellis	- resigned 17/1/2017
S Baines	
J O'Hare	
G Stokoe	
J Murphy	- appointed 1/10/2016

Company Secretary
T Devine

Independent examiner
Peter Weldon & Co. Ltd
87 Station Road
Ashington
Northumberland
NE63 8RS

**Report of the Trustees
for the Year Ended 31 March 2017**

REFERENCE AND ADMINISTRATIVE DETAILS
Solicitors
Helen Kay
HMK Legal Ltd
Clavering House
Clavering Place
Newcastle upon Tyne
NE1 3NG

Cuthbertsons
3 Stanley Street
Blyth
Northumberland
NE24 2BS

Approved by order of the board of trustees on 14 December 2017 and signed on its behalf by:

A Steward
....
A Steward - Trustee

Independent Examiner's Report to the Trustees of ESCAPE Family Support Limited

I report on the accounts for the year ended 31 March 2017 set out on pages twelve to twenty two.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of ACA (BA Hons).

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view ' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiner's Report to the Trustees of
ESCAPE Family Support Limited

Peter Weldon

Peter Weldon
ACA (BA Hons)
Peter Weldon & Co. Ltd
87 Station Road
Ashington
Northumberland
NE63 8RS

Date: 15/12/17

ESCAPE Family Support Limited

Statement of Financial Activities
for the Year Ended 31 March 2017

	Notes	Unrestricted funds £	Restricted funds £	Endowment fund £	2017 Total funds £	2016 Total funds £
INCOME AND ENDOWMENTS FROM						
Donations and legacies		149,034	100,296	-	249,330	380,268
Other trading activities	2	20,360	-	-	20,360	29,240
Investment income	3	33	-	-	33	33
Other income		9,265	10,475	-	19,740	15,911
Total		178,692	110,771	-	289,463	425,452
EXPENDITURE ON						
Charitable activities						
Charity		227,207	139,412	-	366,619	415,522
NET INCOME/(EXPENDITURE)		(48,515)	(28,641)	-	(77,156)	9,930
Transfers between funds	13	(21,320)	21,320	-	-	-
Net movement in funds		(69,835)	(7,321)	-	(77,156)	9,930
RECONCILIATION OF FUNDS						
Total funds brought forward		409,182	300,443	2,828	712,453	702,523
TOTAL FUNDS CARRIED FORWARD		339,347	293,122	2,828	635,297	712,453

CONTINUING OPERATIONS
All income and expenditure has arisen from continuing activities.

Balance Sheet
At 31 March 2017

	Notes	Unrestricted funds £	Restricted funds £	Endowment fund £	2017 Total funds £	2016 Total funds £
FIXED ASSETS						
Tangible assets	8	187,062	174,546	-	361,608	575,823
CURRENT ASSETS						
Debtors	9	2,439	-	-	2,439	6,968
Cash at bank		151,891	118,573	2,828	273,292	217,211
		154,330	118,573	2,828	275,731	224,179
CREDITORS						
Amounts falling due within one year	10	(2,042)	-	-	(2,042)	(10,989)
NET CURRENT ASSETS		152,288	118,573	2,828	273,689	213,190
TOTAL ASSETS LESS CURRENT LIABILITIES		339,350	293,119	2,828	635,297	789,013
CREDITORS						
Amounts falling due after more than one year	11	-	-	-	-	(76,560)
NET ASSETS		339,350	293,119	2,828	635,297	712,453
FUNDS	13					
Unrestricted funds					339,350	409,182
Restricted funds					293,119	300,443
Endowment funds					2,828	2,828
TOTAL FUNDS					635,297	712,453

The notes form part of these financial statements

continued...

Balance Sheet - continued
At 31 March 2017

The charitable company is entitled to exemption from audit under Section 479A of the Companies Act 2006 relating to subsidiary charitable companies for the year ended 31 March 2017.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2017 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees on 14 December 2017 and were signed on its behalf by:

A Steward

A Steward -Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 15% on reducing balance per annum
Fixtures and fittings	- 25% on reducing balance per annum

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	2017	2016
	£	£
Fundraising events	6,902	7,731
Shop income	13,458	21,509
	20,360	29,240

3. INVESTMENT INCOME

	2017	2016
	£	£
Deposit account interest	33	33

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2017	2016
	£	£
Auditors' remuneration	-	3,000
Auditors' remuneration for non audit work	1,819	-
Depreciation - owned assets	3,876	4,649
Deficit on disposal of fixed asset	7,049	-

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2017 nor for the year ended 31 March 2016.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2017 nor for the year ended 31 March 2016.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2017	2016
Staff	10	12

No employees received emoluments in excess of £60,000.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2017

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Endowment fund £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies	112,990	267,278	-	380,268
Other trading activities	26,719	2,521	-	29,240
Investment income	33	-	-	33
Other income	2,849	13,062	-	15,911
Total	142,591	282,861	-	425,452
EXPENDITURE ON				
Charitable activities				
Charity	153,827	261,610	85	415,522
Total	153,827	261,610	85	415,522
NET INCOME/(EXPENDITURE)	(11,236)	21,251	(85)	9,930
RECONCILIATION OF FUNDS				
Total funds brought forward	420,418	279,192	2,913	702,523
TOTAL FUNDS CARRIED FORWARD	409,182	300,443	2,828	712,453

8. TANGIBLE FIXED ASSETS

	Freehold property £	Plant and machinery £	Fixtures and fittings £	Totals £
COST				
At 1 April 2016	551,486	49,265	25,033	625,784
Disposals	(210,339)	-	-	(210,339)
At 31 March 2017	341,147	49,265	25,033	415,445
DEPRECIATION				
At 1 April 2016	-	27,179	22,782	49,961
Charge for year	-	3,313	563	3,876
At 31 March 2017	-	30,492	23,345	53,837
NET BOOK VALUE				
At 31 March 2017	341,147	18,773	1,688	361,608
At 31 March 2016	551,486	22,086	2,251	575,823

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2017 £	2016 £
Prepayments and accrued income	2,439	6,968

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2017 £	2016 £
Other loans (see note 12)	-	8,947
Accrued expenses	2,042	2,042
	2,042	10,989

11. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2017 £	2016 £
Other loans (see note 12)	-	76,560

12. LOANS

An analysis of the maturity of loans is given below:

	2017	2016
	£	£
Amounts falling due within one year on demand:		
Big Issue Loan	-	8,947
Amounts falling due between two and five years:		
Big Issue Loan > 1 year	-	76,560

13. MOVEMENT IN FUNDS

	At 1/4/16	Net movement in funds	Transfers between funds	At 31/3/17
	£	£	£	£
Unrestricted funds				
General fund	375,712	(35,726)	(21,320)	318,666
Designated	19,818	866	-	20,684
Northern Rock Foundation (Safeguarding Children Office/Family Team Manager)	7,047	(7,047)	-	-
Blyth Town Council	3,174	(3,174)	-	-
Coalfields Regeneration Trust - Charity Shop	3,431	(3,431)	-	-
	409,182	(48,512)	(21,320)	339,350
Restricted funds				
Restricted	226,352	(2,192)	-	224,160
Respite Project	2,002	(1,651)	-	351
Client Activities	915	3,258	-	4,173
Big Lottery	20,578	(20,578)	-	-
Susan Kennedy Centre	7,782	2,881	-	10,663
Peer Mentor Coordinator	9,743	2,982	-	12,725
Rothley Trust Play Equipment NUM Hall	710	-	-	710
Kinship Children Activities - Austin Pilkington	42	-	-	42
Training Project Esmee Fairbairn Foundation	16,534	(2,009)	-	14,525
Jennie's Place Project Costs	(18,613)	3,629	14,984	-
Lloyds TSB Recovery Project	14,224	(2,235)	-	11,989
Awards For All - SHARP Recovery Project	10,000	(10,000)	-	-
Arts Council - Arts Respite Project	10,174	(6,411)	-	3,763
Building Better Opportunities ESF & BIG Grant	-	2,518	-	2,518
Groundworks Garden Project	-	7,500	-	7,500
Transformation Website Development Project	-	(6,336)	6,336	-
	300,443	(28,644)	21,320	293,119
Endowment funds				
Designated	2,828	-	-	2,828
TOTAL FUNDS	712,453	(77,156)	-	635,297

13. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,232	(36,958)	(35,726)
Designated	60,742	(59,876)	866
NCC Rent Deposit Guarantee Scheme	39,216	(39,216)	-
Public Health NCC Carer Support Grant	49,502	(49,502)	-
NCC Carer Strategy Group - Carer Involvment & Support	25,000	(25,000)	-
RW Mann Trust	1,000	(1,000)	-
Joicey Trust	2,000	(2,000)	-
Northern Rock Foundation (Safeguarding Children Office/Family Team Manager)	-	(7,047)	(7,047)
Blyth Town Council	-	(3,174)	(3,174)
Coalfields Regeneration Trust - Charity Shop	-	(3,431)	(3,431)
	178,692	(227,204)	(48,512)
Restricted funds			
Restricted	(13,426)	11,234	(2,192)
Respite Project	4,057	(5,708)	(1,651)
Client Activities	5,536	(2,278)	3,258
Susan Kennedy Centre	13,305	(10,424)	2,881
Peer Mentor Coordinator	35,000	(32,018)	2,982
Kinship Children Activities - Austin Pilkington	1	(1)	-
Training Project Esmee Fairbairn Foundation	23,905	(25,914)	(2,009)
Jennie's Place Project Costs	3,221	408	3,629
Lloyds TSB Recovery Project	25,000	(27,235)	(2,235)
Awards For All - SHARP Recovery Project	(10,000)	-	(10,000)
Arts Council - Arts Respite Project	3,508	(9,919)	(6,411)
Building Better Opportunities NCC Grant	5,500	(5,500)	-
Building Better Opportunities ESF & BIG Grant	7,664	(5,146)	2,518
Groundworks Garden Project	7,500	-	7,500
Big Lottery	-	(20,578)	(20,578)
Transformation Website Development Project	-	(6,336)	(6,336)
	110,771	(139,415)	(28,644)
Endowment funds			
Designated	-	-	-
TOTAL FUNDS	289,463	(366,619)	(77,156)

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2017.

Detailed Statement of Financial Activities for the Year Ended 31 March 2017

	2017 £	2016 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations and grants	249,330	380,268
Other trading activities		
Fundraising events	6,902	7,731
Shop income	13,458	21,509
	20,360	29,240
Investment income		
Deposit account interest	33	33
Other income		
Other income	8,870	5,299
Rental income	10,870	10,612
	19,740	15,911
Total incoming resources	289,463	425,452
EXPENDITURE		
Charitable activities		
Wages	224,990	249,506
Rents	9,373	5,858
Utilities	31,389	29,733
Stationery	5,217	6,488
Other costs	2,216	688
Travelling	11,049	17,373
Community fundraising	4,220	3,727
Caravan Upgrade	-	25
Client Activities	5,699	6,608
Repairs and maintenance	7,829	8,039
Refreshments and meeting costs	5,798	4,318
Respite	5,363	9,095
Helpline and outreach	209	269
Rent Deposit Scheme	4,731	2,740
Client Travel	836	1,527
Susan Kennedy Centre	-	5,300
Training Costs	3,212	3,038
Publicity and Information	-	440
Carried forward	322,131	354,772

This page does not form part of the statutory financial statements

ESCAPE Family Support Limited

Detailed Statement of Financial Activities for the Year Ended 31 March 2017

	2017	2016
	£	£
Charitable activities		
Brought forward	322,131	354,772
Legal and professional	10,296	21,170
Charity shop	381	4,386
Depn of plant and machinery	3,313	3,899
Depn of fixtures and fittings	563	750
Loss on sale of tangible fixed assets	7,049	-
	343,733	384,977
Support costs		
Management		
Loan	4,993	5,939
Finance		
Bank charges	120	-
Governance costs		
Auditors' remuneration	-	3,000
Auditors' remuneration for non audit work	1,819	-
Insurance	14,087	9,851
Consultancy	1,867	11,755
	17,773	24,606
Total resources expended	366,619	415,522
Net (expenditure)/income	(77,156)	9,930

This page does not form part of the statutory financial statements