

PRESS RELEASE IMMEDIATE RELEASE: 22<sup>nd</sup> September 2019

## FUNDING BOOST FOR ESCAPE FAMILY SUPPORT

ESCAPE Family Support has received from Localgiving and Postcode Community Trust, a grant-giving charity funded entirely by players of People's Postcode Lottery. "The funding boost will enable to us to provide physical activities including Tai Chi, Zumba and Yoga for carers affected by substance use, said: Janet Murphy, Chief Executive." -ENDS-

### Notes to Editors:

ESCAPE Family Support has been running since 1995 and is staffed by five paid staff and over forty volunteers. It was founded by Janet Murphy MBE after the death of her daughter Jennie from drug poisoning in March 1994 as there was no support for families struggling with a loved one's drug or alcohol use or those bereaved as a result of this.

The charity now provides a comprehensive range of services to support families, carers, young people and children including 24/7 Helpline, advice, information, 1-1 support, counselling, Community Reinforcement Approach and Family Training (CRAFT), Teen Triple P parenting programmes, and other evidence-based interventions to help families develop coping strategies, grow in confidence and learn new skills.

In these difficult and challenging times ESCAPE continues to provide support to Northumberland residents via telephone and online. Anyone who is struggling and in need of support can contact the charity on its 24/7 helpline – 07702 833944-

To find out more about the support provided by ESCAPE for carers and families affected by addiction visit our website: [www.escapefamilysupport.org.uk](http://www.escapefamilysupport.org.uk).

**EndsContact**

### **Note to newsdesks**

**For further information, please contact Janet Murphy:**

**[janet.murphy@escaefamilysupport.org.uk](mailto:janet.murphy@escaefamilysupport.org.uk) or 07812 983 610**

## Localgiving

Localgiving is the UK's leading membership and support network for local charities and community groups. It aims to empower grassroots organisations to fundraise online, connect with supporters and take control of their financial future. In addition, it provides advocacy for the local voluntary sector and works to secure third party funding for its members. It provides free training opportunities, fundraising resources and regular incentivised giving campaigns to help groups raise funds online.

## People's Postcode Lottery

- People's Postcode Lottery manages multiple society lotteries promoted by different charities and good causes. People play with their chosen postcodes for a chance to win cash prizes. A minimum of 32% from each subscription goes directly to charities and good causes across Great Britain and internationally -- players have raised £404 million so far. For details of the charities and good causes which are promoting and benefitting from the lottery draws, please visit <https://www.postcodelottery.co.uk/good-causes/draw-calendar>
- It costs £10 a month to play and winning postcodes are announced every day. The maximum amount a single ticket can win is 10% of the draw proceed. For details, please visit [www.postcodelottery.co.uk/prizes](http://www.postcodelottery.co.uk/prizes)
- New players can sign up to pay using direct debit by calling 0808 10 9 8 7 6 5. New players who sign up online at [www.postcodelottery.co.uk](http://www.postcodelottery.co.uk) can pay using direct debit, debit card or PayPal.
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